

Librarian's Shelf by Jill Owens

Learning with DVDs from your library

The Library's non-entertainment DVD collections continue to grow along with the movie and cartoon DVDs. DVDs that educate in engaging and interesting ways can be found in color-coded areas. Genres include: Documentary, Educational, Health, Inspirational, Instructional, Language, Sports, and Travel.

Here are a few titles from each section to pique your interest. From the Documentary section you might enjoy some titles of local interest such as "Andrew Higgins: The American Noah," "Lindsay Corporation," "Inside Nebraska's Water," "Omaha's Henry Doorly Zoo," or "Saving Nebraska's Treasures." Nonlocal titles include "Savage Seas," "Snakes and Crocs," "The Wild Arctic," "The Universe," "Prehistoric Predators," "World's Fairs," "From the Earth to the Moon," "Fighter Pilots," "American Revolution," and the "Biology of Human Development" to name but a few.

Educational DVDs include such diverse titles as "Stop Bullying," "When your Parent Needs You," and "When Tempers Flare."

The Health section offers quite a variety for folks who want information on exercise ("Chair Aerobics for Everyone," "Pilates Weight Loss for Beginners," and "Basic Yoga Workout" are some titles.), pregnancy (includes "Due Dads," "Second Trimester," and "Third Trimester"), or other health topics.

These are some Instructional DVDs available: "Video Bread," "Facebook Etiquette and Privacy for Dummies," "American Sign Language," and "For Absolute Beginners: Ballroom Dancing." And our Sports titles are pretty interesting too. Check out "Baseball Fundamentals," "Primetime Bucks," "Attack the All-Court Player," or "University of Nebraska Cornhuskers: College Football's Greatest Games."

The Travel section is getting built up as well. Expand your horizons with the Alternate Routes, Europe to the Max, and Rick Steves' series, as well as many cruise DVDs.

So whether you want to plan a trip to Estonia, peruse "Internet for Seniors," watch a DVD about Jesus of Nazareth, get information on body sculpting, or learn about the Civil War, you can't go wrong investigating the DVDs at Columbus Public Library.

The catalog may be browsed online at <http://www.columbusne.us/library>. Just click "catalog" in the Quick Links.

Douglas Milbourn was memorialized by the following donors: Mr. and Mrs. Bob Labenz, Patricia Rush, Mr. and Mrs. Bud Fleischer, Marlene Dion, Mr. and Mrs. Larry Karel, Mr. and Mrs. Steve McClure, Mimi Ernst, Mr. and Mrs. Bob Mead, Marilyn Murray, Mr. and Mrs. Jay Trofholz, Mr. and Mrs. Kenneth Johnson, Mr. and Mrs. Mike Oglevie, C. Jordan, Mr. and Mrs. James Ball, Mr. and Mrs. Galen Tuma, John Lohr, Mr. and Mrs. D.B. Brockhaus, Mr. and Mrs. Robert Trautwein, Mr. and Mrs. D.T. Scharff, Jan Fremarek, Thomas Bernstein, Jr., Mr. and Mrs. Steven Milbourn, Mr. and Mrs. Jim Tuma, Mr. and Mrs. John Cimpl, Mr. and Mrs. Jeffrey Naylor, Mrs. And Mrs. John Reinhardt, Mr. and Mrs. Eldon Lindeman, Mr. and Mrs. Sam Drinnin, Mr. and Mrs. Joseph Chin, Dorothy McChristy De Marco, Mr. and Mrs. Kelley Johansen, Mr. and Mrs. Larry Andreasen, Mr. and Mrs. C. Lloyd Castner, Mr. and Mrs. Bart Bartholomew, Mr. and Mrs. Robert Walgren, Mr. and Mrs. J.D. Engdahl, Mr. and Mrs. M. Frauendorfer, and Charles Stevenson.