



**“The purpose of the American Red Cross Swimming and Water Safety program is two-fold:**

- 1. To teach people how to be safe in, on and around water**
- 2. And to teach people of all ages and varying abilities to swim.”**

**–American Red Cross Water Safety Instructor’s Manual**

### **Required Prerequisites:**

- Candidate must be at least 16 years old (on or before the last day of the Instructor Course)
- Demonstrate the ability to perform the following swimming skills on the first day of class
  1. All are a LTS level 4 stroke performance
    - o Front Crawl – 25 yards
    - o Back Crawl – 25 yards
    - o Breaststroke – 25 yards
    - o Elementary Backstroke – 25 yards
    - o Sidestroke – 25 yards
    - o Butterfly – 15 yards
  2. Maintain position on back for 1 minute in deep water (floating or sculling)
  3. Tread water for 1 minute

### **Dates & Times:**

# **TBA**

### **Class Fee:**

## **\$160**

**For more information or to register visit: [columbusne.us/aquatics](http://columbusne.us/aquatics)**

Certification for the Red Cross WSI course is strictly limited to those who meet the minimum age requirement and have successfully completed the swim skills evaluation.

Failure to have attained the appropriate skill level could pose a safety threat to themselves and to others in the class.

The Columbus Aquatics Department allows participants to practice the prerequisites before signing up for a class. There are NO refunds once registered for the class.

The City of Columbus agrees to pay for the class if the participant is working exclusively for the Columbus’ Aquatics Department. For more information and/or questions, please contact the Columbus Aquatic Center.



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